

2024
Pittsylvania County Schools High Schools

Friday, May 3, 2024
School Lunch Hero Day
Wednesday, May 22, 2024
Last Day of School
1:00 pm dismissal

There are special people on the staff at your school whose job is to help improve students' concentration and classroom participation, increase SOL test scores and make sure students' stay healthy.
Although the cafeteria employees don't see inside of a classroom very often, they do make a huge daily contribution to all students' educational success.
We are so grateful for these special employees who work diligently behind the scenes every day to create delicious meals while ensuring compliance with the many health and safety rules and regulations!

Please join us in saying thank you to our outstanding cafeteria staff on School Lunch Hero Day, Friday, May 3

## Breakfast

Start your day with a school breakfast it's free!
Students are offered many whole grain-rich entrées to choose from including biscuits, cereals, breakfast bars, \& pastries. One entrée of choice is included with the free breakfast meal.
Fresh fruit, fruit juice, and milk are offered too! Students may include each of these.

Choose all items (whole grain entrée, fresh fruit, juice, and milk) for the most balanced and filling meal.

|  |  | Wed., May 1, 2024 | Thursday, May 2, 2024 | Friday, May 3, 2024 |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Lunch Meal Options <br> ${ }^{1}$ Roasted Chicken Legs or <br> ${ }^{2}$ Bowl of Pinto Beans <br> Dinner Roll <br> Mashed Potatoes <br> Green Beans <br> Fresh Fruit and Fruit Cup <br> or <br> Chef Salad <br> Whole Grain Crackers, Fresh Fruit and Fruit Cup | Lunch Meal Options <br> ${ }^{1}$ Manager Planned Sandwich with Chips or ${ }^{2}$ Mandarin Orange Chicken and Rice, Vegetable Egg Roll <br> Fresh Steamed Broccoli Fresh Sweet Peppers <br> Fresh Fruit and Fruit Cup <br> or <br> Grilled Chicken Salad <br> Whole Grain Crackers <br> Fresh Fruit and Fruit Cup | Lunch Meal Options Bosco Sticks Marinara Sauce Steamed Corn Fresh Fruit and Fruit Cup or Build-your-own Baked Potato with Chili, Cheese, WG Crackers \& potato toppings Marinara Sauce Steamed Corn Fresh Fruit and Fruit Cup |
| Monday, May 6, 2024 | Tuesday, May 7, 2024 | Wed., May 8, 2024 | Thursday, May 9, 2024 | Friday, May 10, 2024 |
| $\frac{\text { Lunch Meal Options }}{{ }^{1} \text { BBQ Sandwich }}$ ${ }^{2}$ Chicken Filet Sandwiches Chips, lettuce, tom, pickle, Baked Beans Fresh Carrots Fresh Fruit and Fruit Cup or Chef Salad Whole Grain Crackers Baked Beans Fresh Fruit and Fruit Cup | Lunch Meal Options <br> ${ }^{1}$ Grilled Cheese, ${ }^{2}$ PBJ or <br> ${ }^{3}$ Deli Chicken Sandwich <br> Home-made Tomato Soup <br> Roasted Baby Potatoes <br> Fresh Fruit and Fruit Cup <br> or <br> Grilled Chicken Salad <br> Whole Grain Crackers <br> Fresh Fruit and Fruit Cup | Lunch Meal Options <br> ${ }^{1}$ Chicken Fajita Strips or ${ }^{2}$ Taco <br> Tortilla Chips, <br> Cheese, Salsa, <br> Steamed Corn <br> Seasoned Rice <br> Fresh Fruit and Fruit Cup <br> or <br> Chef Salad <br> Whole Grain Crackers, <br> Fresh Fruit and Fruit Cup | Manager Planned Menu | Lunch Meal Options <br> Big Daddy's ${ }^{\text {TM }}$ Pizza Wedge <br> BLT Chop Salad <br> Steamed Broccoli <br> Fresh Fruit and Fruit Cup <br> or <br> Build-your-own Baked Potato with Chili, Cheese, WG Crackers <br> \& potato toppings <br> BLT Chop Salad <br> Steamed Broccoli <br> Fresh Fruit and Fruit Cup |

A choice of white or chocolate milk is offered with all meals.

| Monday, May 13, 2024 | Tuesday, May 14, 2024 | Wed., May 15, 2024 | Thursday, May 16, 2024 | Friday, May 17, 2024 |
| :---: | :---: | :---: | :---: | :---: |
| Lunch Meal Options <br> ${ }^{1}$ Chicken Tenders with Roll or ${ }^{2}$ SunButter \& Jelly Sandwich <br> Fresh Baked Potato <br> (with margarine \& sour cream) <br> Green Beans <br> Fresh Fruit and Fruit Cup <br> or <br> Chef Salad <br> Whole Grain Crackers <br> Fresh Fruit and Fruit Cup | Lunch Meal Options <br> ${ }^{1}$ Cheeseburger or <br> ${ }^{2}$ Chicken Burger <br> L/T/P <br> Chips, Baked Beans, <br> BLT Chop Salad, <br> Fresh Fruit and Fruit Cup <br> or <br> Grilled Chicken Salad <br> Whole Grain Crackers <br> Baked Beans <br> Fresh Fruit and Fruit Cup | Lunch Meal Options <br> ${ }^{1}$ Manager Planned Sandwich with Chips <br> or ${ }^{2}$ Macaroni \& Cheese with Roll <br> Fresh Steamed Broccoli Fresh Garden Salad <br> Fresh Fruit and Fruit Cup <br> or <br> Chef Salad <br> with Whole Grain Crackers Fresh Fruit and Fruit Cup | Manager Planned Menu | Manager Planned Menu |
| Monday, May 20, 2024 | Tuesday, May 21, 2024 | Wed., May 22, 2024 |  |  |
| Manager Planned Menu | Manager Planned Menu | Manager Planned Menu |  |  |

USDA is an equal opportunity provider and employer.

